

# Cougar Student-Athlete Expectations

Students on H.D. Cartwright Athletic teams represent the school in all areas at all times. Student-athletes are expected to demonstrate **Pride, Respect and Excellence**. We stress the importance of "respect" for team-mates, opponents, coaches and officials.

Any students and their parents/guardians participating on a team representing H.D. Cartwright school will be expected to sign a Student Athletic Contract. This contract outlines the expectations for student-athletes at H.D. Cartwright school.

## H.D Cartwright Cougars Student-Athlete Contract

### Student Work:

I will take responsibility for ensuring that I am working to the best of my ability in all subject areas. This includes consistently completing homework and assignments. I know that my progress will be reviewed regularly with my teachers.

### Behaviour:

I will take responsibility for consistently demonstrating safe and respectful behavior and making positive contributions to our school community. I know that as a member of a school team, I am representing my school at all times including here at HDC, at other school locations, as well as when travelling to and from school or events and in the community at large. I understand my behavior must reflect this responsibility at all times.

### Attendance:

I will take responsibility for being punctual and attending school regularly. I know that my attendance will be reviewed on a regular basis. Students who are **absent unexcused** on game days or tournament days are NOT eligible to participate in any team activities that day. If they are **absent excused**, it will be up to the coaches as to whether the student-athlete may still participate in team activities that day.

## Continuum of Support

In the event that a student does not meet the above expectations, the school will implement strategies for working with the student-athlete. Ultimately, our goal is to create a positive climate so that all participants feel safe and included. Each incident will be carefully considered in terms of impact on self, others, and community. Students not meeting expectations can expect a continuum of preventative and progressive discipline measures, depending on the severity of the concerns:

- The student athlete will have a conversation with their coach and/or school administration regarding the concern
- A phone call home will be made to discuss the concern with parents
- The student athlete may be given time to repair the situation and/or change his/her behavior
- The student athlete may be temporarily removed from team activities
- A review meeting(s) may be scheduled with the coach and/or school administration to determine participation in future team activities
- The student athlete may be permanently removed from team activities for the remainder of the season